

Parenting Support & Education Group



Are you a parent who could use fresh ideas or a little extra support?

Join our Parenting Support & Education Group—a welcoming space for parents of children ages 4 to 17 to learn practical strategies, share experiences, and build confidence in their parenting journey.

This group offers:

- Proven techniques for managing stress and improving family communication
- Practical education on child development and positive behavior approaches
- Opportunities to connect with other parents—both moms and dads—in a supportive, non-judgmental environment
- Encouragement, community and new perspectives to help you and your family thrive

Empower yourself. Support your child. Strengthen your family.

Session Details

- Meeting: Once a month
- Time: 5:30–7:00 PM
- Day: Second Tuesday of Each Month
- Location: 4189 SW High Meadow Ave., Palm City
- Starts: May 12th, 2026
 - Cost: \$50.00 per session- Insurance Also Accepted (call to inquire)

Reserve your spot today — spaces are filling fast! Call 772-254-4347 to register.